



MagicWorld



**“Spiritual Awakening beyond the masks of
person(n)a-lity!”**

Hello and welcome !

Following our last Quest, we saw that it was important to nourish our conscience, to strengthen it, to observe and to remain in front of what we observe, in conscience to thus enlarge our inner world, to widen it, to create space and to begin to exist fully and consciously, rather than to be a victim, an automaton dictated by our personality with its different masks, coming from our family, social, educational or religious conditioning.

On the contrary, we become more and more conscious and free of our choices, on what we let live inside of us or not, this without constraint, without obligation, without conditioning. We decide for ourselves, for our own life, what is good for us or not. We are becoming more and more responsible and masters of our own destiny.

We gradually free ourselves, step by step, by leaps and bounds, towards our own inner happiness, free and conscious, bathing in its own peaceful soul.

One day, when the time comes, we will meet our own Spirit, whatever name we give it, the Celestial Kingdom, the Magical World, the Kingdom of Heaven.

For this, we have seen the need in our last Quests:

- *The importance of gradually entering into a real process of powerful inner liberation, which brings us a new meaning to our existence. The meaning of developing our consciousness and becoming free from all that in itself enslaves us, makes our existence limited and conditioned.*
- *We have seen how to disassociate our consciousness from our physical body with its own mechanical sensations, emotions and thoughts that come and go to us. This is more our conscience which observes, which raises awareness, than its different masks with which we are identified. Such as, for example, the mask of anguish, the mask of anger, the mask of sadness, the mask of greed, the mask of guilt, the mask of shame, the mask of jealousy, the mask of pride, the mask of vanity, etc.*
- *Our consciousness can be reinforced, nourished, by the distance that our consciousness can put between itself and what it observes, while remaining face to face with what it usually takes itself for.*

- *We have seen the importance of grounding our consciousness in the physical body, its bodily sensations, and its breath, so that we no longer waste energy unnecessarily through restlessness and connect with others and the world from a space within ourselves, grounded, strong, and grounded.*
- *We have set up a daily ritual of active meditation, so that we never again forget to take care of our own Spirit, to remind ourselves of it, to nourish it, to start giving it its rightful place! So that this place becomes the most important place of our existence, which gives it all its meaning and thus makes our life in each point of view, much more precious, towards the Quest of its own interior freedom. A Quest for transcendence, for one's own inner limitations, for one's own suffering and to come into more and more contact with the Universal Life Energy that exists in the space all around us, between objects, between the cells of our body, by making more and more space within oneself, between one's own consciousness and all that it observes.*
- *We also saw the importance of relaxing our bodies, especially when entering into relationship.*
- *We have also seen the culture of caring. And this starts with oneself, with one's own negative emotions, with the conscious inner observation of them and the conscious inner smile towards them. This "unpleasant" moment experienced in the moment is temporary, because in the minutes that follow our benevolent state of mind towards our negative emotions will result in a deep feeling of inner peace.*

Now I can come back for a moment in contact with my body, the sensations of the body and my breathing.

I inhale deeply and exhale slowly.

I become aware of my inner world, by observing my own sensations, my own emotions and thoughts that happen to me.

I take care to welcome what is, as it is, with a conscious inner smile.

I remain calm in my body sensations and my breathing.

I remain facing, in consciousness, the inner world that inhabits me.

It creates a space.

A space of freedom that creates room for something else, a Higher Energy, a Universal Life Energy to enter.

I am more my observing consciousness than what is observed. I remain faced with this, in conscience.

I don't consider myself important, or rather consider my masks important. It is a subtlety that must be understood. The one who considers himself important is indeed a mask of our false personality.

The only importance is his own release. As well as his freedom from the mask of pride, which exists by feeling important and superior to the rest of the world.

Let's put our masks in their right place! A place where we are neither their submissive slaves, victims of their every whim, but a place where we recognize them on the one hand. This recognition is necessary to understand and especially then, on the other hand, to become their masters! And no longer a victim.

A mask to his own way of thinking about him, his own way of feeling too and his own related physical sensations. A narrow energy which always leads us to a field of forces also called, "a makam", of lower level, of level which locks us up on the contrary to find there peace, freedom and happiness.

Our consciousness in its inner Journey, tends to its own liberation, from all its masks, with their narrow visions which make us see life, the world, according to their own little visions of things.

Our deeper Being, our disidentified silent Consciousness, bathes in the Universal Life Energy in which it is in contact, thanks to the space created between it and what it usually takes, when asleep to itself or its deep nature, for.

Our consciousness, when asleep to its own nature, or simply not Awakened to It, takes itself for masks that make up its personality, a personality that is therefore very multiple, since it is filled with different masks, sometimes sad, sometimes angry, sometimes anxious, plaintive, proud, ashamed, desirous,...

Instead of just being who she is, detached, free and happy.

To use one's own masks or not, as one uses an object in its proper place, at the appropriate time. Like for example to use the desire at the time of having a meal. To use anguish to look each way before crossing.

Our deeper Being, that is our Pacified soul, lives liberated, detached from its various masks, which it uses to its just utility, however, when the right moments arrive, to function well, to adapt to its environment, remaining in a state of Being, however, of a state of Pacified, Luminous me.

Live in his soul Pacified, thanks to the space created between his conscience and his various masks, to which the conscience does not take any more.

Our conscience certainly uses them, each of them in their just uses of the moment, to accomplish the tasks of everyday life.

For example, when it's time to eat her delicious meal, she uses the mask of greed in its proper place. On the other hand, she could very well also do without her meal and fast, because she is not a slave to greed. This, while remaining fully happy and luminous.

Conversely, being dominated by greed and only thinking about your meal, victim of it and becoming negative if you don't eat!

Quite the contrary, our deep Being, makes aware of the functionality of the different masks, at the right time.

We live in our Deepest Being, our Pacified Self, each time we feel freed from our different masks.

Our consciousness uses 101 liberation stratagems to achieve this state of intense inner liberation. And its moments of intense liberation become for us, our daily lifestyle, at all times.

This is to be in Quest of oneself, To seek how to free oneself from one's multiple masks to find inner Peace there.



