



"Detachment: The Secret to Accessing Spiritual Energies and Transforming Your Life" Hello, and welcome to this incredible MagicWorld Program!

As we saw yesterday, attachment to our desires strongly limits us, it makes our life narrow, because it locks us into a small point of view.

And through this, we disconnect from the subtle, Spiritual Energies, which then simply have no place, no space to be there.

If we are attached, we are only what we attach ourselves to. I need to be able to step back, therefore detach myself, see my life as if I were watching a film, or my favorite series, in which I am the main actor. However, I must be able to be the one watching, sitting in the chair at the same time, and enjoying his delicious popcorns. I then gain height, distance, power and freedom. I then become the real actor, who takes the main actor of my favorite series, or myself, like a puppet, to whom he pulls the strings. I then become, at the same time, the director and the actor of my life.

This is only possible thanks to detachment. This quality, often difficult to understand, is necessary not only to understand it, but also to practice it, to elevate our entire existence towards an unprecedented level of clarity and freedom.

It is essential to understand that in life, everything passes, everything is fleeting.

Everything is also constantly transforming.

A desire taken away? Another one will surface shortly!

The only thing we know is to remain creative in fulfilling our needs. Whether these are material or physical, emotional and relational, intellectual, energetic, systemic, and also spiritual needs.

Attachment to desires will force us to return the pendulum to our doorstep. On Earth, experience has shown us that this is always the case.

And if, at that moment, we do not control our greed, we will be condemned to simply and fully suffer, like a little child, victim of our desires.

These topics are not pleasant to talk about. They cause great suffering in the human soul.

It is only thanks to inner reconciliation, with regard to these sufferings, that we can free ourselves, Awaken Spiritually.

Life is like this that we experience yin and yang.

A Program of this type aims to live the yin as best as possible, and approach the yang aspect, with as much serenity and detachment as possible, to find the Strengths we need, within ourselves.

We must make room, create space within ourselves, to feel free internally. This freedom has a price, the price of detachment from oneself, from one's life.

It is a state of mind, a state of being. This state of being is the creation of a duality within oneself, between all that is this body with its five senses, and its immobile, silent Consciousness, anchored in its body and its breathing.

Thought is not Consciousness. Thought is an instrument that is used and made available to Consciousness, but is not it.

Consciousness is conscious, silent, still, alive. Consciousness perceives, but does not judge, since thought does not intervene. Consciousness is pure, beautiful and free naturally. It is his own nature to be thus, which leads quite naturally towards his own Peaceful soul.

Consciousness is therefore observant, capable of establishing a distance between itself, its body and its senses. Between her, her emotions, and also her thoughts. A distance, from his entire life experience.

Consciousness objects, as an object external to itself, that which lives, not only in its own soul, or the soul in which it finds itself, but also objects everything which is even more external, that is to say everything she sees, she sees as objects external to herself. She therefore no longer takes herself for what she observes. His will is to be liberated.

Likewise, we do not take ourselves for the water we drink, we use water as fuel, for a need of the body and to take care of it. But we are not water! We don't take ourselves for the table, a chair, the toilet, or the trash can? Maybe we take ourselves for the gold we possess... It makes us more worthy, proud and important in our opinion. But it's pride, vanity, greed and it's sick! We are much more beautiful and bigger than that! Our greatness is not material, but Cosmological and Universal.

It is therefore through overcoming in our daily life, the first poison in human nature, which is greed, that we can become more ourselves, in a conscious depth, immobile and silent, disidentified and free. We then evolve towards a dimension which goes beyond the narrow dimension of greed, to detach ourselves from it and discover, liberated, its true Spiritual, Cosmic and Divine nature.

Tomorrow, we will practice true passive meditation and we will take stock of the essential summaries of the first 15 days of Quest spent together!

"It is a rare gem in this world to have a heart without desire." Buddha

